

SOUTHERN LIGHTS

Spring – A Time to Remember Who We Are



New Prayer Group / Study Group in Western Australia

If anyone in the Perth / Fremantle area is interested in being part of an Edgar Cayce Prayer Group / Study Group please email Paul at:

francisjohn19@gmail.com

And remember our contact email addresses for Edgar Cayce Australia Inc.:

For General enquiries: russell@edgar cayce australia.org, for Study Group enquiries: bel@edgar cayce australia.org, & for Prayer Group enquiries: donna@edgar cayce australia.org

ISSUE 10, SPRING 2016

Welcome to our Tenth issue



Editorial – ‘The Jigsaw Puzzle’ –
by Russell Bowey

2



The Spirit of Christmas – by
Russell Bowey

2



Edgar Cayce on Michael and
Halaliel (Part 1 - Michael) – by
Bel Casey

3



Edgar Cayce on Michael and
Halaliel (Part 2 - Halaliel) – by
Bel Casey

4



Peace Pilgrim’s Steps Toward
Inner Peace – by Russell Bowey

5

To Make Manifest the Love of God and Man

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we have a lending library and offer new books for sale. We also arrange monthly talks on many topics from the Cayce readings such as diet, meditation and dreams.

If you are interested in any of our groups, or the monthly talks in Creswick (near Ballarat, Victoria) please email russell@edgar cayce australia.org or phone us on (03) 5345 2945.

Editorial – ‘The Jigsaw Puzzle’ – by Russell Bowey

On our daily walk recently, my wife Marija and I noticed a single piece of a jigsaw puzzle lying on the footpath near our house. There is a primary school nearby and we assumed that the piece had been lost by a child on their way to, or from, school.

We felt sorry for that child who would most likely be very disappointed at not being able to complete their puzzle.

We had a similar experience many years ago when we took a 1,000 piece puzzle on holiday with our children, only to discover after many hours of working together that the final two pieces we had left were identical, and therefore only one could be placed in its rightful position. What a let-down was felt by all of us!

Marija reminded me of an experience where she was shown that every one of us is like a

piece of a giant jigsaw puzzle; each of us unique (no two are alike!), all fitting together to create the ‘universal whole’.

In March 1926 Edgar Cayce gave a reading for a man suffering from ‘neurosis’ which beautifully encapsulates this idea of each of us having an important and unique role to play in the overall scheme of life:

Then, to bring the normal forces, mentally and physically, to this body, THERE MUST BE, WITHIN THE ENTITY'S OWN INDIVIDUAL SELF, ITS (the entity's) RESPONSIBILITY TO SELF AND TOWARD THE WORLD, AND TO THE PEOPLE WHOM THE ENTITY CONTACTS FROM TIME TO TIME; for the entity must realize that NOT ONLY as a cog in the world DOES THIS ENTITY occupy a place in the present condition of affairs, BUT THAT THE WORLD DEPENDS UPON

THIS ENTITY TO DO ITS PART TOWARD THE BETTERMENT OF THE WHOLE OF THE POPULACE OF THE WORLD! (7-1)

Another reading, which I shared on our Edgar Cayce Australia Inc Facebook page states: *Be worth a heap more than the position you occupy. For it is not what you do but what you really are that counts. (3352-1)*

From the unique position that we each occupy, we have an opportunity to make a difference to those around us, and, through them, to all of humanity; always recognising that it is not necessarily what we do, but the spirit in which we do it, that really counts.

So, let us each find where we best fit in the universal jigsaw puzzle, and fully express our role in God’s plan for the ‘betterment of the whole’!

The Spirit of Christmas

By Russell Bowey

This reading on the ‘Spirit of Christmas’ was given to the Norfolk study groups in December 1937:

As ye approach the Season that to every student of Christian thought means so much, know that the birth of the Christ-Child in Jesus has meant and does mean more and more in the thought and the activity of the world as a whole. And you each here may judge within yourselves as to whether the world is growing better or not according to that conviction, that feeling within thine own self that what the Christ-mass or Christmas spirit means is being manifested in thy daily life and thy associations with thy fellow men.

For unless this fact is a personal experience, then to you - as an individual - it is not being accomplished.

But you each here ... feel that the peace within - as comes from the meditating upon the desire to be what the Father-God would have thee be through the promises in the Christ-Jesus - IS making thy life, thy associations with thy fellow man, more and more in keeping with the Christmas spirit; that commandment as He gave, "A new commandment give I unto you, that ye love one another, even as I have loved you." 262-116

Our best wishes to all for a joyous CHRISTmas!

EDGAR CAYCE ON MICHAEL AND HALALIEL (PART 1 - Michael) by Bel Casey

Of all the readings that Edgar Cayce gave, the majority of them came directly through him and he was used as a channel by less than a handful of entities. Of these, two stand out as having deeply affected the study group and Cayce himself. These two were Halaliel, called Lord of the Hard Way, and Archangel Michael, Lord of the Way.

According to the sources of the Celestial Hierarchy there are between seven and twelve orders of angels. Archangels usually appear in the bottom four but are considered to be among the highest of orders. There are 7 Archangels, and these names can be different according to the source. Michael appears in them all. The Book of Enoch says there is an angel to guard every sun, star and planet in the universe; from what I have read, it appears that Michael is the guardian of Earth.

Michael ("who is as God") is known in the three major religions, Jewish, Islam and Christianity and is known as the greatest of angels. He spoke through Cayce several times over a period of 15 years and not all of these interactions were positive. His voice would boom as he spoke, and the times he chided the group, the "windows in the walls would rattle, as did the crockery in the room next door." The work that Cayce and the study/prayer groups engaged in over the years would have been intense at times; and differences, and tensions between and within the groups, seemed to be a call for Michael to visit.

The following reading (2156-2) was given in a private home in New York in 1940 for a 4½-year-old female. It would be interesting to know what caused Michael to step in at this time.

(Q) Anything else that may be given at this time?

(A) Anything else?! ... (Michael steps in) HARK! YE FRIENDS! I, MICHAEL, LORD OF THE WAY, WOULD GIVE THEE WARNING! BOW THINE HEADS, YE VILE ONES OF THE EARTH! KNOW WHAT HAS BEEN ENTRUSTED TO THEE! LIVE THE LIFE, LEST YE BE COUNTED ACCURSED FOR BEING UNWORTHY OF THE TRUST GIVEN THEE!

Cayce says Michael is the angel of change, of movement to a higher consciousness and that he is involved in our spiritual growth. He is a guide to all

humans who live on Earth and seek help. It is also believed that Michael is the carer of our Planet and the guardian of all nations. Rudolf Steiner believes that as in the Book of Enoch, the war that was fought between the archangels, angels and the fallen angels, represents the struggle within humans between good and evil. Hugh Lynn Cayce believed that Michael is one of the direct manifestations, or the direct voice, of God. When times on Earth are critical, Michael is here. Michael appears in both testaments of the bible several times.

Reading 262-29, given for the Norfolk Study Group in October 1932, is notable for the affect on those present.

(Q) Is there any message for the group as a whole at this time? HARK! O YE CHILDREN OF MEN! BOW THINE HEADS, YE SONS OF MEN: FOR THE GLORY OF THE LORD IS THINE, WILL YE BE FAITHFUL TO THE TRUST THAT IS PUT IN EACH OF YOU! KNOW IN WHOM YE HAVE BELIEVED! KNOW THAT HE IS LORD OF ALL, AND HIS WORD FAILETH NOT TO THEM THAT ARE FAITHFUL DAY BY DAY: FOR I, MICHAEL, WOULD PROTECT THOSE THAT SEEK TO KNOW HIS FACE! We are through.

[GD's note: Tears, silence and beautiful attunement followed above reading. EC on waking had a vision during the reading, had to leave the room a while; said he saw each of us as we should be and as we are.]

Sixty years later, this message applies to all that have become students of the Cayce readings, those seeking to follow The Way shown by Jesus the Christ, and guided by Michael, Lord of the Way.

Cayce was asked the following in reading 262-28:

(Q) What is the relationship between Michael the lord of the way, and Christ the way? [262-27, Par. 3-A] (A) Michael is an archangel that stands before the throne of the Father. The Christ is the Son, the way TO the Father, and one that came into the earth as man, the Son of man, that man might have the access to the Father; hence the way. Michael is the lord or the guard of the change that comes in every soul that seeks the way, even as in those periods when His manifestations came in the earth.

EDGAR CAYCE ON MICHAEL AND HALALIEL (PART 2 - Halaliel) by Bel Casey

Who is Halaliel? Nowhere in historical, or religious writings does the name appear. Nor does it appear in Davidson's Dictionary of Angels. It is possibly different spelling or, maybe, the name begins with a 'J' and spoken with the 'H' sound. While Robert J Grant calls Halaliel an Archangel, I have not seen anywhere in the readings that indicate this. Eileen Garret also channelled Halaliel, and her guide encouraged the Cayce group to embrace him.

Halaliel spoke through Edgar Cayce on several occasions between 1933 -1935. The first reading was in October 1933. *"COME, my children! Ye no doubt have gained from the comment this day a new initiate has spoken in or through this channel; Halaliel [?], that was with those in the beginning who warred with those that separated themselves and became as naught."* (262-56)

In the next reading, the question was asked: *Who is Halaliel? The one who gave us a message on Oct. 15th? (A) One in and with whose courts Ariel fought when there was the rebellion in heaven. Now, where is heaven? Where is Ariel, and who was he? A companion of Lucifer or Satan, and one that made for the disputing of the influences in the experiences of Adam in the Garden. Halaliel, then, appears to be an angel from the higher realms who was trying to bring order into the ranks of angels.* (262-57)

According to Cayce, Halaliel, among other angels and the archangels, such as Michael, Raphael and Gabriel, was fighting to stop other angels and archangels and the souls from falling into separation from the light.

After these first two readings, Hugh Lynn Cayce, Gladys Davis and Gertrude Cayce noticed a decided difference in tone, and uneasiness began to spread through the group when Halaliel spoke through Cayce. After the initial readings, several more followed requesting information as to how to continue to allow Halaliel through. In the end though, it was Edgar Cayce himself who decided that he would not continue with Halaliel. This caused some dissent among the group and two people left.

Perhaps it is not as important as to who he is, but as to what his role is. In the Book of Enoch, it is stated

that there are millions of the heavenly hosts. As stated in the reading above, Halaliel was there fighting against the fallen angels, and the reading also appears to indicate that Halaliel is one of the higher angels.

(Q)...? Who is Halaliel? (A) These are all but messengers of the Most High. Halaliel is the one who from the beginning has been a leader of the heavenly host, who has defied Ariel, who has made the ways that have been heavy - but as the means for the UNDERSTANDING. [Isaiah 29th chapter?] (254-83)

The Report from reading 262-56, written by Hugh Lynn Cayce, states: *On one occasion following a reading with Eileen Garrett [507-1] her control, Uvani, offered to clarify the readings, and a question was asked in reading 254-71 as to whether this would be a wise idea or not. Again, the offer was not accepted here because of a statement in the reading itself. This is a similar kind of diversion brought on by the stress and trial through which the whole group, as well as the nation, was passing and because of the physical disturbances Edgar Cayce suffered at the time.*

Garrett's reading [507-1] is interesting to read, but it is impossible to include it all here. There is the text, which has information from Cayce on Garrett, and the report, which has Eileen Garrett's channel, Uvani, giving a reading on Cayce.

(Eileen Garrett): It is I, Uvani, I give you greeting, friends. Peace be with you and in your life, and in your work, and in your household. I give you greeting, my friends. What is it you would have of me, please?

(Q) What can you tell us regarding Mr. Cayce's - Edgar Cayce's - psychic work? (A) What I can tell you regarding his psychic work is very little more than you yourselves know. I find him, as I come in contact with the emanations that come from him into this room, peculiarly intuitive, supersensitive, and yet not using all the power that is within him. (507-1 - Report)

Perhaps sometime in the future, Halaliel's name will become more known. For now, he is in the legacies left by Cayce and Garrett.

Peace Pilgrim's Steps Toward Inner Peace

by Russell Bowey

Peace Pilgrim (Mildred Ryder – born 1908, died 1981) spent the last 28 years of her life walking over 25,000 miles across the US (she stopped counting miles in 1964), sharing her message of peace and non-violence, and to “overcome evil with good, falsehood with Truth, hatred with love.”

“These are the steps toward inner peace that I wanted to share with you ... There's nothing new about this. This is universal truth.”

Note: I have included corresponding reading excerpts from Edgar Cayce in italics after each step.

1. Assume right attitudes toward life.

(Q) Any further advice?

(A) Keep the good work, and keep the right attitude - and the usefulness of self and its abilities for creative influences, as the improvements come. 849-64

2. Live good beliefs.

Hence the counsel would be to know what ye believe, - spiritually, mentally, materially, - and WHO and what is the authority for such beliefs. Then, apply same in thy relations with thy fellow men day by day, so that it bespeaks a life, a relation, a desire and a hope that is ever constructive in its nature. 416-15

3. Find your place in the Life Pattern.

For as He gave, "If ye call I will hear - I will answer speedily." And He will point the way, WHERE ye may find that place, that companionship, that helpful experience in which ye may be the greater contributing factor to the hopefulness in the lives of others. 369-16

4. Simplify life to bring inner and outer well-being into harmony.

For we grow in grace, in knowledge, in understanding FROM WITHIN. And even though there are the words of the mouth, even the activities of the body, if they are done, if they are MEDITATED upon to be seen, to be feeling, to be making only an outward show, these must eventually come to naught. For the KINGDOM is within.

Contentment, peace, harmony, glory, love, beauty is from WITHIN; and is as a growth that makes for that activity, that expression, that which will bring the growth, the understanding, the environments, the necessary influences. For with all the labors, the efforts, with all the application of beauty, of strength, of power, of might, ONLY God may give the increase. 165-21

Peace Pilgrim: “Then I discovered there were some purifications required of me ...”

First, purification of the body ... clearing physical living habits.

... there must be the purifying of the body from those of the elements in carnal forces, of the foods, of the acts, of those that have become as habits in the body... 294-138

Second, purification of thought ... If you realized how powerful your thoughts were, you would never think a negative thought.

For when the body, when the soul ... makes for no thought of self or of body but that the glory and the fires of love that are of the Creative Forces burn within the mind, the body, the soul, so do they purify the FLESH, the MATTER, the INFLUENCES of being IN a DIMENSIONAL plane. 264-45

Third, purification of desire ... You can come to the point of oneness of desire just to know and do your part in the Life Pattern. Is there anything else more important to desire?

Let thy entering in be in accord with that in the manner that ye may purify thy body according to the dictates of thine inner conscience, as you would enter in to glorify thy Lord and thy Master, purging the body, purging the mind, purging the self in such manners. For, He has given, no sacrifice is acceptable save as of the DESIRES of self to be one with Him. 531-5

Finally, purification of motive ... Your motive, if you are to find inner peace, must be an outgoing motive – it must be service ... giving, not getting.

[\(continued on Page 6\)](#)

Peace Pilgrim's Steps Toward Inner Peace

by Russell Bowey

(Continued from Page 5)

... thus we will find in the activities through this material plane that the steadfastness to an ideal, as set from a spiritual motivation, will be the channel through which peace may come to the entity in its contribution to the better welfare of the groups through which the entity may labor in the present. 2919-1

Peace Pilgrim: Now, the last part ... the relinquishments ... Once you've made the first relinquishment, you have found inner peace.

First ... the relinquishment of self-will ... If you are motivated to do or say a mean thing ... deliberately turn around and use the same energy to do or say a good thing instead.

Q) How can body attain greater poise and self-control?

(A) By becoming less and less selfish and more and more selfless, in the desire, in the MAKING of self the channel of blessings to others - in Him, in Christ. 452-6

Second ... the relinquishment of the feeling of separateness ... We are all cells in the body of humanity.

For God has shown and does show us day by day, even as His Son gave, that in patience we become aware of our souls, of our identity, of our being each a corpuscle, as it were, in the great body, in the heart of, our God. 262-114

Third ... the relinquishment of all attachments ... Anything that you cannot relinquish when it has outlived its usefulness possesses you. You do not possess any other human being ... They must live in accordance with their own inner motivations.

Then as one gives, so may one have. For the soul only possesses that it has given, that Life might be. For if ye would have love, give. If ye would have life, give. If ye would have much, give. For the earth is the Lord's and the fulness thereof; and if ye are in body, in mind, in spirit, giving - it is He that worketh in and through thee. 341-44

Fourth ... the relinquishment of all negative feeling ... If you don't live in the present moment, you never get around to living at all ... No outward thing ... can hurt me inside, psychologically. I recognized that I could only be hurt psychologically by my own wrong actions which I have control over.

For life in its real sense is ever the NOW! For TODAY is set before thee, TODAY if ye will hear His voice! Today, the eternal now, is ever before each entity, each soul; whether in that commonly called materiality or in spirit. 1293-1

And a final reading excerpt:

For, as it has been so oft given, with what spirit, with what purpose ye choose in thy activities in thy daily relationships, that is the power ye have in thine own experience to become not only aware of individual activities, individual relationships, but there may come in same that peace - if ye would have peace in this material experience. 2072-10

Note: The four steps toward inner peace, the four purifications and the four relinquishments were obtained from an article titled 'Peace Pilgrim, Prophet of Peace' by Ellen Louise Kahne, which appeared in the A.R.E.'s 'The New Millenium' journal, Volume 5, Number 2, April/May 2000.

Further information on the life and work of Mildred Ryder (Peace Pilgrim) may be found at:

www.peacepilgrim.org