

# SOUTHERN LIGHTS

*Summer – A Time of Plenty, for All to Share*



If anyone in the Perth area is interested in a Study Group or Prayer Group, please contact Paul at the following email address: [francisjohn19@gmail.com](mailto:francisjohn19@gmail.com)

Remember our Facebook page featuring captioned photos:

*Edgar Cayce Australia Inc*

Remember our website:

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*To Make Manifest the Love of God and Man*

## Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we have a lending library and offer new books for sale. We also arrange monthly talks on many topics from the Cayce readings such as diet, meditation and dreams.

If you are interested in any of our groups, or the monthly talks in Creswick (near Ballarat, Victoria) please email [russell@edgarcayceaustralia.org](mailto:russell@edgarcayceaustralia.org) or phone us on (03) 5345 2945.

## Editorial – ‘He Purgeth Those He Loves’ – by Russell Bowey

I recently read a story about a young British woman who won 1 million British pounds (AU\$1.6 million) in the Euromillions lottery in 2013. She was then a 17-year-old working as an administrative temp for 8 pounds (\$13) an hour. The headline ‘Woman’s Life Was ‘Ruined’ By Winning Lottery’ had grabbed my attention. Now 21, she is apparently debating whether to sue the lottery company for negligence, and believes no-one under 18 should be eligible to win. She would donate any money from the legal action to charity.

She is quoted as saying: “At times it feels like winning the lottery has ruined my life. I thought it would make it 10 times better but it’s made it 10 times worse. People look at me and think, ‘I wish I had her lifestyle, I wish I had her money.’ But they don’t realise the extent of my stress. I have material things but apart from that my life is empty. What is my purpose in life?”

In January 1944 Edgar Cayce gave a ‘life’ reading (3395-2) for a 63-year-old woman who asked: *(Q) Is the ill health which I have been experiencing the past years the result of mistakes of a past life or is it due to something amiss in this present life?*

*(A) Both. ... For God has not purposed or willed that any soul should perish, but purgeth everyone by illness, by prosperity, by hardships, by those things needed, in order to meet self ...*

I am familiar with purging by illness and hardships, but purging by PROSPERITY??

Another reading states: *Many an individual may stand adversity that prosperity or authority spoils..... Know that only in Him is there truth and light AND authority. For ALL power is of HIS giving, and is lent to the sons of men as OPPORTUNITIES for expressions of the Creative Forces. 956-1*

So, we are being tested with the very thing that is our ‘Achilles heel’. As individuals (and as groups and even nations) we should always be willing to share our prosperity with others.

As usual, the readings provide us with guidance; to use EVERY opportunity that we are presented with (adversity or prosperity) in accordance with our purpose and our ideal. Reading 1731-1:

*Hence this means being true to the ideal in the spiritual, the mental, and the material ways and manners, - which proves as to the sincerity of purpose to which an entity lends itself through adversity as well as prosperity. For many may labor well under prosperous reactions and others well under adverse - but indeed greater is he who may take ALL, not merely as a part of the experience but using each for the abilities and opportunities for the greater manifestation of the sincerity of its purpose and its ideal. 1731-1*

## God’s Prayer to Man - By Shane Miller

Hear this, my children -

Certainly I am aware of your sufferings in the earth. I hear of little else these days.

But can you honestly say that I left you there without a star to steer by, or left you ignorant of the Law? If I had not allowed you to do as you wished, wouldn't you have said that I was spoiling your fun?

So I gave you free will. No one can walk off a cliff or a tall building without expectation of the consequences. Gravity is one of My Laws, too, you know, just like all the others -

What I really want to know is, O man, have you noticed any of my sunsets lately?

Have you thought about the delicate balancing of forces that go to create a flower?

What about the tears in the eyes of a beautiful woman or a baby's smile? Whole symphonies are composed and performed by the seas in their movements. Have you stopped to listen? Why not? I made it all for you -

My prayer to you is that as the sun needs a grateful world to shine upon, can you not love ME a little? Amen

*Shane Miller was a member of the New York A.R.E. centre before coming to Australia in the 1970's and mentoring our Melbourne A.R.E. groups*

## NOAH: FROM THE BOOK OF ENOCH

by Bel Casey

Recently I became interested in the book of Enoch, said to come from two sources, Ethiopic and Slavonic. I can understand why it is said to be 'Apocalyptic'. It is not easy to read, but there are two subjects that I find most interesting; Angels and Noah. It's Noah's story I now share with you.

Enoch was the father of Methuselah, whose son Lamech, was the father of Noah.

Fragment Of The Book of Noah: *"And after some days, my son Methuselah took a wife for his son Lamech and she became pregnant and bore him a son. And his body was as white as snow and as red as the blooming of a rose, and the hair of his head and his long locks were white as wool and his eyes beautiful. And when he opened his eyes he lighted up the whole house like the sun and the whole house was very bright..."* This was frightening enough, but the book goes on... *"And therefore, he arose in the hands of the midwife, opened his mouth and conversed with the Lord of Righteousness"*.

His father Lamech, thoroughly frightened, fled to Methuselah, told him of this birth, and asked him to go to Enoch to learn the truth. Enoch tells him how the Lord is displeased with all the unrighteousness and will cause a great deluge and destruction over the Earth for 'one year'. He is indeed Lamech's; his name shall be Noah and he shall comfort the Earth after the destruction.

In "The Deluge and the Deliverance of Noah', Enoch tells how Noah built for himself a great vessel, that was enclosed and how the water came down from the heavens and up from the earth. This is repeated in another part of Enoch. This is also mentioned in the Bible.

In his given time Noah seeks out Enoch and is told about the deluge, his role in it, and the reason for the deluge and destruction. How the sons and daughters of God, the fallen angels, Watchers and Satans consorted with the children of men, and defiled them, and gave them wisdom they should not have had.

LXV11 God's Promise to Noah: Places of punishment of the Angels and of the Kings. *"And in*

*those days the word of God came unto me, and He said unto me: 'Noah, thy lot has come up before Me, a lot without blame, a lot of love and uprightness. And now the angels are making a wooden building and when they have completed that task I will place My hand upon it and preserve it and there shall come forth from it the seed of life, and a change shall set in so that the earth will not remain without inhabitant."* There is also another section that mentions the angels building a wooden structure, and God placing within it a smaller box from which shall emerge all the life on Earth.

Enoch appears to be saying that the deluge was not so much punishment against the children of men, who were created "exactly as the Angels", as the offspring of the Fallen Angels and Satans and that they had been given the wisdom that was not yet to be revealed to mankind. After the deluge, Enoch makes another prophecy where God laments that the deluge had been a mistake, that unrighteousness shall once again rule the Earth until the time comes when the righteousness shall once again cover the Earth.

There is more of the story but not space to share, if you are interested, try reading Enoch.

It is easy to see, that Russell Crowe's movie of Noah is based on this. I have tried to watch this movie twice, but find it too slow. A little fact about the making of Russell Crowe's 'Noah'. It was being filmed in the NE coastal area of the USA when along came a huge storm and filming was stopped for a month. The deluge had come!

*254-35: Those things as concern each individual should be set forth in the literature that may be sent to all such individuals; for many will be interested - many will laugh at such endeavors; yet same was true even when Noah was called into the ark. (From the work readings.)*

Edgar Cayce did, however, have more to say about the flood.

## ‘REFLECTIONS ON THE PATH’ – By Herbert Puryear Book Review by Bel Casey

Herbert Puryear’s ‘Reflections on the Path’ is an old book but still current in today’s spiritual world. First published in 1979, I am not sure if it is still in print, however it is available on various websites that sell books. There are different covers.

It is worth reading, and if you are somewhat of a newcomer to the Cayce approach, be patient with yourself, and the book, reading when you have time or putting it away for a while.

Puryear is a long time journeyman on the spiritual path and has in-depth knowledge of the Cayce readings. The chapters cover just some of the perceptive and profound knowledge he has developed over the years and given as lectures.

With fourteen chapters approaching subjects based on ‘The Psychology of’ such topics as Dreams, Love, Reincarnation, Christianity, the Symbol Seven, Guides, Gurus and the Gospel, Charisma and Kundalini, and much more.

It is a book that, to me, required more than one reading and even now, I will pick it up and re-read a chapter or two.

When I first read this book more than thirty years ago, I found some of it challenging. I put it down and returned to it several times but now I discover deeper insights than I had previously noticed.

While the chapters have a loose connection of following through from chapter one through to fourteen, I found that it is not necessary to read it from front through to back.

I found chapter one, “Learning to Love” challenging the first time around yet now it is like an old friend.

With his wisdom and insights, Puryear manages to provide the reader with thoughts to ponder upon. The words and readings he chose from the Cayce material help to convey what he is saying. Cayce, in the work readings, says of our spiritual journey; “That we may make manifest our love for God and Man”, (254-51). Puryear has this on page one.

What helped me unlock some understanding of parts of this chapter is taken from reading **254-68**:

*“Which is the more real, the love manifested in the Son, the Savior, for His brethren, or the essence of love that may be seen even in the vilest of passion? They are one. But that they bring into being in a materialized form is what elements of the one source have been combined to produce a materialization. Beautiful, isn't it? How far, then, is ungodliness from godliness? Just under.”*

Puryear wisely uses the Cayce readings throughout the book to help the reader to a fuller understanding of what s/he is reading.

In the chapter titled “The Soul’s Quest for Wholeness” he uses part of reading **487-17**:

*What then, the entity asks, IS a soul? What does it look like? What is its plane of experience or activity? How may ye find one? It may not be separated in a material world from its own place of abode in the body-physical, yet the soul looks through the eyes of the body - it handles with the emotions of the sense of touch - it may be aware through the factors in every sense, and thus add to its body as much as the food of the material world has made for a growing physical body in which the soul may and does indeed dwell in its passage or activity in any individual phase of an experience in the earth.*

In the last chapter, “Prescription for Times of Crisis”, Puryear could be talking about the world today and where it is heading. He finishes the book with the 46<sup>th</sup> Psalm. Just lovely. A few choice verses:

God is our refuge and our strength, a very present help in trouble....There is a river, the streams whereof shall make glad the city of God,...Be still, and know that I am God...

*If readers have their own personal story of how their lives have been touched by a book, or an event, we invite you to share it through this Newsletter.*

## WHAT IS YOUR RATING?

by Russell Bowey

We are constantly exposed to ratings, ranging from education results, radio & television audience numbers, energy efficiency of new buildings, and even the financial performance of governments. This type of rating is based on measurable results that can be translated objectively into numbers or percentages.

But how would we rate our own performance as human beings – physically, mentally and spiritually? And how would our friends and family rate us?

As with movie ratings, I know we would be very subjective in our assessment. Many of us would be highly critical of our bad habits, and probably overlook our more redeeming qualities.

My immediate thought was to rate myself a 4.5 out of 10. Obviously a movie not worth watching; with poor direction, inconsistent acting, no script, little music, and lacking in passion. But then I realised that was an earlier film about my life, and, on reflection, I would be more like a '6.5' now.

The following reading extracts (1537-1), given by Edgar Cayce in February 1938 for a 38-year-old man seeking a 'Life Reading', stress that by focusing on Desire, Will and Purpose, and manifesting the fruits of the spirit, we can transform our 'straight to video' autobiographical movie into an epic blockbuster.

*For this entity should comprehend and KNOW, and NEVER forget, that life and its experiences are only what one puts into same! And unless the activities, the thoughts are CONTINUOUSLY constructive, and the experience well-balanced, the entity CANNOT, WILL not fulfill the purpose for which it came into the present experience...*

*... Know first and foremost, as has been given, that the Lord thy God is ONE! Then know, too, that thyself is one - thy ego, thy I Am. Thy purposes, then; thy heart and thy life must be a CONSISTENT thing!*

*For if thine eye be single (the I Am; that is, the purposes, the desires - and ye work AT IT!), then thy WHOLE BODY is full of light.*

*But if ye are attempting to have thy physical body doing just as it pleases, thy mental body controlled*

*by "What will other people say?" and thy spiritual body and mind shelved only for good occasions and for the good impressions that you may make occasionally, there CANNOT be other than confusion!*

*These as given are not merely sayings; they answer to that which has been and is thy turmoil in the present. Look WITHIN! ...*

*... Hence we find the entity often determined to be very good. And for a few hours or a few minutes it is very well! Then such determination is forgotten, and it's to the other extreme! and he begins to constantly berate self for not doing this, that or the other!*

*He declares that he WILL be frugal; he declares that he WILL be saving; he declares that he WILL do this, that or the other! And before the day or the week or the HOUR (and often before the thirty minutes) is passed, it's the same old story again!*

*Know these are influences, but thy WILL, thy purpose is the deciding factor. Mere influences cannot or DO NOT cause thee to do this, save that they ARE a part of thee.*

*But to be the manifestation of stability, of good, of truth, of consistency, of patience, of long-suffering, of justice, of brotherly love, of brotherly kindness - THAT is thy purpose! That is oft thy desire!*

*Then not of thyself alone may ye do it, but in love, in truth, in honor ye may. For these are thy helpmeets, if ye hold fast to them...*

*... Hence ye are oft a hail fellow well met, and sometimes TOO well met by some! Ye are made too oft the EXPENSE of others, yet this is part of thy experience - if used, but properly.*

*Never then be hard-boiled, dictatorial - these get no one anywhere; but in being patient, just. DEMAND of others justice in the same measure as ye METE it to others - no more, no less; but all of that!*

*Keep thy purposes, keep thy desires in those directions; and ye will find that these may bring to thee the greater harmony in thy experience. (1537-1)*