

# SOUTHERN LIGHTS

*Winter: A Time to Read an Inspiring  
Book by a Warm Hearth*



*... that fear, that doubt that has arisen in thine experience will fade as the mist before the rising sun. For, His light is the light that guides through the darkness, whether in the material, the mental or in the spiritual realms .... 439-2*

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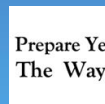
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*Global Manifestation of Oneness and the  
Love of God and All People*

## Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we can also arrange talks on many topics from the Cayce readings such as diet and health, Atlantis, the mind, reincarnation, ideals, attitudes and emotions, meditation and dreams. If you are interested in any of our groups, or to arrange a talk on any of the above topics, please email [russell@edgarcayceaustralia.org](mailto:russell@edgarcayceaustralia.org) or phone us on (03) 5345 2945.

## Editorial - 'The Power of the Spoken Word'

by Russell Bowey

For centuries, our political, religious and community leaders have been making speeches and giving sermons. Whether they have written their own words, or they have been prepared by professional speech-writers, the words chosen, and the style of delivery, can have a huge impact on people's lives, both for their edification, or to their detriment. Observing the reaction to the speeches of Adolf Hitler, or Winston Churchill, or Martin Luther King, the power of the spoken word can be inspirational in changing people's lives.

That power is at its peak when it is harnessed to the God-source within us. Those who attended lectures by Murdo Macdonald-Bayne in the 1940's spoke of how he transformed and emanated light as he was overshadowed by the Christ, and how his words were so powerful and spell-binding that you could hear a pin drop throughout his entire talk. How to access this power was shared by Murdo himself (the following quotes are from lectures in his

book 'Divine Healing of Mind and Body'):

*Let the mortal sense be silent, then the Christ in you will take possession of your mortal body. When the mortal sense is active, the Christ in you is silent. P.76*

*It is the word that lives in your heart that manifests. Then seek ye first the Kingdom of Heaven and all other things shall be added unto you. Seek first this mighty Power of the consciousness of God so that it becomes your consciousness. God being Infinite, there can only be 'one' consciousness, the Consciousness of God manifesting as the Christ in you. P.120*

The Edgar Cayce readings also had much to say about the power of the spoken word.

*... the power of speech is the highest vibration reached in the whole human system... 4198-2*

*Hence the entity should be guarded, not as to what it would say or as to whether it would say, but as to what and how and when*

*it says. Not that the entity speaks too often, but just remember that others listen and recall "Ye shall give an account of every word that is spoken." For in the speaking, thy words are given power. 2454-3*

Hugh Lynn Cayce used to say that 'the greatest psychic ability is knowing when to shut up'. The following reading affirms that:

*The entity has to watch itself very closely that it doesn't tell tales, and this oft gets the entity into trouble. Remember, silence is golden and remember, too, the seeds you sow you reap, as; telling tales about others, what you speak of others, others will speak of you. Don't be, then, given to that.... If you can't speak well of a person, don't speak.... Say something nice of everyone. 5103-1*

*The spirit is ever willing; and one needs then to rely upon those promises, not in the passive, but the positive, active manner; that there be kept the door open that He may enter in... 262-28*

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## Edgar Cayce on ... the Pearl of Great Price

*A pearl is an adornment, a thing of beauty, created through the irritation of that which manifests itself in a lowly way to those that consider themselves of high estate; but by the very act of irritation to its own vibration is the higher vibration created, or brings about the pearl of great price. Yet it does not look well in the sow's ear.*

*In the use then to which, through which, the soul of the body would pass to seek that as may be sought by the varied creations of man's activity in a material life, to what depths must such a soul oft*

*descend to bring back that that may even lend an air of help to a hungry soul? Through such irritation, though, oft does the soul grow, even as the pearl.*

*... in the understanding of that as happens when through the shadows or the slime, through the darkness or through the grime, may the soul seek to bring to light that which will ease the burden of a hungry soul, it finds its hardships - yes, here and there; yet may he lead that soul to the heavenly stair! 254-67*

# 'Nature is the Art of God'

by Denise Goodwin

On a glorious sunny morning, looking out the long glass window which sits behind my stovetop, I was admiring the beauty of a camellia flower – a double – facing me in all its beauty. Whilst marvelling at the beauty of nature, a honeyeater appeared and sitting just behind the camellia, sat there with his head cocked to one side and looking at me, as if to say, “hello and what a beautiful morning”. I watched her (or maybe it was a him, although I thought it was much too pretty to be a male ) I watched as she bent her head to drink of the nectar in the flower.

The next day, sitting at my computer, I heard a fluttering. Looking around, and flying around my lounge/dining room, was a (the same??) honeyeater. I tried to get it out of the house but to no avail. Perching on the back of a dining chair, the bird allowed me to get very close. This bird is tame, I thought to myself. I was going to try and pick it up and put it outside, but just as I went to touch it she flew off. Opening all the doors and windows, it finally found its way outside.

The next morning, the honeyeater was there again, perched on the camellia bush, and watching me intently. It was almost as if she was trying to get a message through to me. What that message was, I am not sure, but was certain that something of such beauty must surely come from God. Maybe that was the message the honeyeater was trying to get to me. I watched intently as once again she drank of the nectar from the flowers, and felt the whole scene to be very spiritual.

That afternoon, I was alerted to a beautiful sound on my deck. Upon investigating, I discovered a butcher bird singing his heart out as a lawnmower came past. It was as though the bird was trying to outdo the mower. The mower would move off into the distance, and the bird would stop singing, then without fail, would start up its glorious song again

as the mower came past. This happened a number of times. Again another spiritual scene?

Going back into the house, I noticed a snake slithering around my kitchen floor. “What is going on” I thought. So much wildlife. My husband got the snake – a green snake I think – out into the garden, where it slithered away.

Another glorious morning in Brisbane, and I woke to the warblings of a Willie Wagtail. I watched him as he waved his tail to and fro. Once again, a feeling of a spiritual nature enveloped me.

Willie Wagtail was followed by a crow, then looking at my emails for the day, I saw an advertisement for the Galapagos Islands on guess what? You're right. Birds.

They say there is no such thing as a coincidence. I would like to think that is the case, but I am still trying to work out the significance of the birds. Since that time I have been visited a number of times by the honeyeater and butcherbird.

They surely are God's creatures. Nature fills my heart with a feeling of wonder, beauty and the presence of God and with those feelings my day is complete.

*Then, to be able to remember the sunset, to be able to remember a beautiful conversation, a beautiful deed done where hope and faith were created, to remember the smile of a babe, the blush of a rose, the harmony of a song - a bird's call; THESE are creative. For if they are a part of thyself, they bring you closer and closer to God. 1431-1*

*... he who understands nature walks close with God. 1904-2*

*We invite readers to share their thoughts on any topic, or who have their own personal story of how their lives have been touched by a book, or an event, to share it through this Newsletter.*

## ‘Do Our Pets Reincarnate?’

### by Russell Bowey

My wife Marija used to tell me stories of a dog her family owned many years ago when living in Geelong. The dog, Shawn, was a large, mixed breed who had almost-human intelligence. He used to roam the streets, but always managed to evade the local council ranger. One day, the ranger even knocked on their door to compliment Marija’s mother on having the smartest dog he had ever encountered – he could never catch him.

Another time, Shawn was very agitated and barking in their yard. Marija’s mother went to see what all the fuss was about and just thought he was being silly. The barking was getting more frantic so she went out again, only to find Shawn dragging a hose from the back of the house, around to the front. She decided to investigate further and saw the next-door-neighbour’s shed was on fire. How did Shawn know that a hose would be needed to put out the fire?

The Edgar Cayce readings had much to say about animals, including our pets, and our relationship to them. In the beginning, there were only animals, before man appeared:

*.... that the EARTH was peopled by ANIMALS before peopled by man! 364-6*

And the readings insist we did NOT descend from apes:

*(Q) Is the Darwinian theory of evolution of man right or wrong? Give such an answer as will enlighten the people on this subject of evolution. (A) Man was made in the beginning, as the ruler over those elements as was prepared in the earth plane for his needs. When the plane became that such as man was capable of being sustained by the forces, and conditions, as were upon the face of the earth plane, man appeared not from that already created, but as the Lord over all that was created, and in man there is found that in the living man, all of that, that may be found without in the whole, whole world or earth plane, and OTHER than that, the SOUL OF*

*MAN is that making him above all animal, vegetable, mineral kingdom of the earth plane. Man DID NOT descend from the monkey, but man has evolved, resuscitation, you see, from time to time, time to time, here a little, there a little, line upon line and line upon line. 3744-5*

Unfortunately, as souls projected into animal bodies, there were many hybrids being created, from which our memories of fabled creatures like centaurs and mermaids probably derived:

*In the Egyptian experience ..... there were still those who were physically entangled in the animal kingdom with appendages, with cloven-hooves, with four legs, with portions of trees, with tails, with scales, with those various things that thought forms (or evil) had so indulged in as to separate the purpose of God's creation of man, as man - not as animal but as man. And the animal seeks only gratifying of self, the preservation of life, the satisfying of appetites. With infinity injected in same brought the many confused activities or thoughts that we know now as appetites. Yes, a dog may learn to smoke! Yes, a horse may learn to eat sugar! But these are not natural inclinations - rather man's influence upon these activities by associations! 2072-8*

(Check life reading for a 32-year-old woman)

*Those individuals who had through their sojourns in the earth as souls pushed into matter as to become separate entities, without the consideration of principle or the ability of self-control, might be compared to the domestic pets of today - as the present development of the horse, the mule, the dog, the cat. This is not intended to indicate that there is transmigration or transmutation of the soul from animal to human; but the comparison is made as to trait, as to mind, and as to how those so domesticated in the present are dependent upon their masters for that consideration of their material as well as mental*

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## ‘Do Our Pets Reincarnate?’ by Russell Bowey

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*welfare - yet in each there is still the instinct, the predominant nature of that class or group-soul impregnation into which it has pushed itself for self-expression.*

**2464-2** (Reading for a 24-year-old woman about her Atlantean incarnation)

Sometimes, the readings cautioned about the negative associations of having a pet:

*(Q) What causes him to be frightened when near the family dog? Should we dispose of the dog, or try to overcome his fear? (A) This is part of a karmic condition. As we find it would be well to get rid of the dog, for this creates not only a very unfortunate environment for the body, but for the dog also - as to its usefulness. 2963-4*

(Reading for a 5-year-old boy)

*(Q) Would any kind of a pet animal aggravate the allergic tendencies - can she have a pet dog? (A) If she likes a pet dog, have a pet dog, especially if these things indicated are done for the body. But if they are not, animals of any kind - their odor, their fur or hair - wouldn't be good - she would have a rash, an upset stomach, headaches and blinky eyes.*

**3224-1** (6-year-old girl suffering from allergies)

Some people have an innate ability to communicate with animals, and to train them:

*The entity then was among those that joined with those peoples in becoming the emissaries to the various lands. Then the entity journeyed again into that land known now as the Persian and Arabian, with that Queen who had received her training in Egypt; and the particular interests that arise from that sojourn of the entity may be seen manifested innately in the interest in animal - dog, horse and the like, that make for a peculiar influence in the experience of the entity; and the abilities of the entity to train, teach or to control this nature is in the entity's INNATE activity from that sojourn.*

**594-1**

And this fascinating series of readings given for members of one family (and a friend), certainly show that our domestic animals can reincarnate:

*(Q) Where and how have I been formerly associated with the following:*

*(Q) My niece, [405]? (A) In the Roman experience, when there were the associations in the household of Pompeathiolus.*

*(Q) My little dog, Mona? (A) In the same experience.*

*(Q) In the Roman? (A) The Roman.*

*(Q) Was she a dog then? (A) A lion!*

**268-3** (Life reading for a 44-year-old woman)

*(Q) What relation is he to the little dog Mona? (A) He fought with the body in the Roman experience.*

*(Q) What was Mona then? (A) The lioness that fought with the entity, and with those that destroyed many that the entity was then seeking to aid. 280-1* (Life reading for [268]'s husband)

*(Q) In what previous lives have I been associated with the following:*

*(Q) Aunt [268]'s little dog Mona. (A) Rome.*

*(Q) Was the little dog at Jamestown? (A) No.*

*(Q) Will Mona always be a dog? (A) That depends upon the environ and the surroundings. No.*

**405-1** (Life reading for [268]'s niece)

*(Q) Could a Life Reading be obtained through these sources for Aunt [268]'s little dog Mona? (A) May be. As to WHAT it may be is different! It may not be understood, unless you learn dog language!*

**406-1** (Life reading for [268]'s nephew)

*(Q) What association in the past have I had with Mrs. [268]'s present little dog, Mona? (A) We do not find same.*

*(Q) Why has little Mona been so attracted to me? (A) The vibratory forces of the high vibrations of each. 1318-1* (Life reading for [268]'s adult female friend)

## ‘The Birth of a New Age’ by Russell Bowey

Over 40 years ago, in the Introduction to his 1981 A.R.E. Press book ‘Visions and Prophecies for a New Age’, author Mark Thurston wrote: ‘The signs of change are all around us. We live in a world of instability among nations. Our economic system is in chaos, and advances in our standard of living are being eroded by inflation. In many ways the social fabric that has knit us together as a people is now beginning to come apart. There are almost as many divorces as marriages. Crime is continually on the increase not only among the disadvantaged but among the privileged as well. And there are signs all around us that the earth itself is dying slowly – being killed by humanity's mistreatment of the soil, air, water and wildlife of the planet.’

He went on to say: ‘The signs of turmoil and change are not just outward ones. Perhaps even more important are those changes going on *within* people. We know these signs very well; unfortunately most are known to us because of the difficulties they create. There has been a tremendous increase in stress-related physical illnesses. To a large measure the problems of high blood pressure, heart disease and cancer can probably be traced to the tensions of living in a world which is changing so quickly.’

The birth of a child can be both stressful and painful, but also a time of great joy. We are currently witnessing an imminent birth – of a New Age for humanity – but the feelings of anxiety, uncertainty, despair and even depression caused by the current media focus on the negative aspects of this time are keeping us from seeing the ultimate expression of God’s love for us. The reason for this propensity to focus on the negative more than the positive experiences in our lives is called by psychologists the ‘negativity bias.’ We have an evolutionary bias to remember and dwell on our individual and collective traumatic experiences more than the joyful events that are just as common for us. We think we have had a ‘terrible’ day, even if 99% was positive, and only 1% was something unpleasant that we are still going over in our mind.

Forty years ago, there may not have been the collective trauma of a pandemic affecting the whole world, but Edgar Cayce lived through the Depression, two World Wars and the Spanish flu, which, combined, had a devastating impact on his generation. So what do the Cayce readings say about overcoming adversity to focus on preparing for the Golden Age to come?

*Tendencies in the hearts and souls of men are such that these may be brought about. For, as indicated through these channels oft, it is not the world, the earth, the environs about it nor the planetary influences, nor the associations or activities, that RULE man. RATHER does man - by HIS COMPLIANCE with divine law - bring ORDER out of chaos; or, by his DISREGARD of the associations and laws of divine influence, bring chaos and DESTRUCTIVE forces into his experience. 416-7*

*And when you see the turmoils of the earth, and when you hear the cries of those that are fearful, and when you see the elements about thee apparently in destructive forces, and ye doubt - to be sure you sink into doubt and fear and despair; unless thy purpose is ever "Here am I, Lord, use me, direct me." 853-9*

*For as the time or the period draws near for these changes that come with the new order, it behooves all of those who have an ideal - as individuals, as well as groups or societies or organizations, to be practicing, applying same in their experience - and their relationships as one to another. 3976-18*

*Be GLAD you have the opportunity to be alive at this time, and to be a part of that preparation for the coming influences of a spiritual nature that MUST rule the world. These are indicated, and these are part of thy experience. Be happy of it, and give thanks daily for it. 2376-3*