SOUTHERN LIGHTS

Autumn - a carpet of colourful leaves crunching underfoot



*.... for the color, shades, especially of autumn and of sunset and of the quietness of the evening, all have a great drawing, pulling **1744-1***

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Global Manifestation of Oneness and the Love of God and All People

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931.

As well as fostering Study Groups and Prayer Groups, we can also arrange talks on many topics from the Cayce readings such as diet and health, Atlantis, the mind, reincarnation, ideals, attitudes and emotions, meditation and dreams. If you are interested in any of our groups, or to arrange a talk on any topics from the Cayce readings, please email russell@edgarcayceaustralia.org

Editorial: 'Thy Will Be Done'
by Russell Bowey

The affirmation for the lesson Cooperation in A Search for God starts by stating: *Not my will but Thine, O Lord, be done in me and through me.* The concepts of will, what is God's will?, and how to apply this attribute of our soul (along with spirit and mind) is one that I have long sought a better understanding of through the Cayce readings and other sources.

A couple of days ago I found a perfect analogy to differentate between our true will, and will-power, in the book 'What We May Be' by Piero Ferrucci, a student of the great Italian psychiatrist Roberto Assagioli whose formulation of Psychosynthesis included an emphasis on the will. Ferrucci states:
'Let us suppose that you are in a rowboat in the middle of a lake, and you want to return to the shore. To do so you will have to make use of two functions: first, you must decide in which direction to steer the boat and maintain that direction; second, you must use your own muscular energy to row the boat.

Now suppose, again, that instead of handling a rowboat you are working a sailboat in a mild breeze. What you need this time is skill in handling rudder and sail so as to take advantage of the interplay of natural energies .... Your only function is to choose and maintain the direction in which you want to sail—a much easier and more relaxing task than that of supplying the propelling force, as before .... you let the wind, the sail, the waves, and the currents interact with one another. All you have to do is skilfully regulate this without directly participating in it, as you would have done in a rowboat. The way we habitually handle ourselves resembles the act of rowing a sailboat while the wind is blowing. We thrash about needlessly, determined to act as agents, even when no effort is required of us. We waste so much energy because we do not only decide what to do, we also "try," applying ordinary "willpower." But we could accomplish just as much without "trying" and with much less expenditure of energy.'

Mark Thurston, in his book 'Discovering Your Soul's Purpose', has two wonderful chapters devoted to awakening one's true will.

And in the Bible: 'For it is God which worketh in you both to will and to do of his good pleasure.' (Philippians 2:13) KJV

The Cayce readings state:
(Q) If we completely surrender ourselves to God's will, and become a channel of blessings to others, do we not then possess true Happiness? (A) You then possess true Happiness. ***262-111***

(Q) How may I raise my vibrations so as to contact the Christ? (A) Making the will, the desire of the heart one with His... ***5749-4***

Hence the entity has in itself WILL, that knowledge, that understanding, with which the entity exercises its choice, to which it adds either for the satisfying or gratifying of self's emotions or self's desires, or for the magnifying and glorifying of the spiritual sources or help. ***3420-1***

Edgar Cayce on .... 'The Heritage of Every Soul'

And yet it is the heritage of every soul to awake to that consciousness that God indeed is mindful of the children of men, and calls ever, "If ye will be my children, I will be thy God."
This is the message, then, that you shall carry; for there is a loving Father that cares. That is thy message! There IS; for you have experienced it, you can and you may experience it in your OWN life!

Can anything, any experience, any condition be more worth while? That, though there are those things that make men afraid, there are turmoils in this or that direction in the relationships of human experience that may terrify thee for the moment, there is HE who cares! And He may walk and talk with THEE!
THAT ye may experience in thine own life! ***254-95***

'Rebel Spirits Return to the Way'

by Liz Power

Fascinating answers about the spiritual nature and meaning of human life have been surmised from a close reading of the extensive Edgar Cayce materials by many writers over the years. In the opening chapter of "Sex and the Spiritual Path" based on the Edgar Cayce readings, Herbert Puryear (PhD) tells how it all began. Edgar writes that all souls were created into individual souls from the soul of the Creator because the Creator desired "that the created would be the companion for the Creator" and co-creators; and that "*we are given opportunities to show ourselves to be not only worthy of, but companionable to the Creator.*" (5753-1), noting that initially the individual soul was both feminine and masculine.

The spirit of God is expressed in the term "Let us" not "l will", as was manifest when many of the soul group rebelled, going their own way. They were creating in spirit, but in disharmony with the creations of other souls, in a development that is called "the fall in Heaven", before the incarnation of souls in the Earth plane. At the time of this fall, Edgar says the evolution of animal and plant kingdoms was well underway in the Earth plane, which was created for humanity to experience and to express, but not in selfishness and rebellion.

Over time, the incarnated souls became involved and identified with lifeforms on earth, including their own rather strange and ungodly creations. These souls forgot that they came from God and that they were meant to be on a temporary sojourn on earth; instead they had become addicted to the incarnated life. God, seeing the self-created entrapment of the first souls, sent Adam in a second wave of individual souls, to help the first wave recall their identity and recover their way.

Edgar describes the first wave as "the sons of Man", and the second wave as "the sons of God". The second wave given "*... the will and the soul that it might make itself one with that creation*" (900-340) from which humankind had evolved.

The new rules for these humans were that no soul could enter the earth plane except in human form and no human being could live except as an expression of an indwelling soul.

Both the first wave and the second wave are said to have been projected into five places at once, in Atlantis, Gobi, India, Carpathia and west America, areas now known as spiritual centres. The separation of Eve from Adam was so that the new humanity would also have helpful and sustaining male and female companionship, while ensuring avoidance of involvement with the sons of Man.

The first incarnation of the Christ, also called the Light or Logos, that also has both masculine and feminine expressions, was around 105,000 BC in Atlantis; as Amilius as the male aspect, and Lilith as the female aspect. Recurrent yin and yang incarnations of the Christ continued over the epochs, including Adam and Eve, finally returning with Mary as the feminine, and Jesus as the masculine aspect of Christ, after his incarnations as Hermes, Enoch, Melchizedek, Zend, Asapha, Joseph, Joshua and others.

Jesus demonstrated a life of attunement with Divine Oneness, teaching the Way of Love and attunement in the temple within our human body. Jesus promises to be a brother to us, and a personal mediator between each of us and the Divine.

Edgar writes 'Spirit is the life, mind is the builder and the physical is the result" as our mental patterns precipitate energy into material form. Edgar's advice is to practise Christ consciousness in meditation, spiritual ideals, attunement and application.

We invite readers to share their thoughts on any topic, or who have their own personal story of how their lives have been touched by a book, or an event, to share it through this Newsletter.

'The Grace of God'
by Russell Bowey

An old saying states: 'There, but for the grace of God, go I'. What exactly is 'The Grace of God'? Our Study group has been working with the material in the A.R.E. Press book 'The Intelligent Heart' by David & Bruce McArthur, for more than four years, and we have almost finished the final chapter, titled simply 'Grace'. The book states:

'The subject of grace is a mystery to most, is misunderstood by many, and is wrapped in veils of illusion for all of us. However, through study of the Cayce readings one can come to appreciate a portion of the meaning and significance of grace ..... We experience grace as the movement of God's love .... We feel its effects in simple ways such as the upliftment of our thoughts and feelings. Remember when you were worried about a situation and suddenly you let yourself drop that worry and had a feeling of well-being, of hope, or of a right outcome being possible? That was the experience of grace.'

The Edgar Cayce readings describe Grace as all-encompassing, that everything in our lives, individually and collectively, is the result of God's Grace.

Know, as He has given, in whatsoever state you find yourself, it is by the grace of God; and there is an opportunity, there is a lesson to be gained from same ***3161-1***

Know, no individual is in any place or position save by the grace of God; that the individual or group may have the opportunity to use that which has been builded in the experience - and it is done unto weal or woe, according to the choice made by such entities, such groups, such individuals. ***2788-1***

Each nation, each individual head of a nation, is not in the position it occupies merely by a "happen chance" but by the grace of God. **5142-1**

And our understanding of Grace is a growing thing.

.... as ye grow in grace, using that thou knowest to do, there is given strength, hope, and peace. ***272-7***

Know first that the knowledge of God is a growing thing, for ye grow in grace, in knowledge, in understanding AS ye apply that ye KNOW. But remember, as has been given by Him, to know to do good and do it not is sin. ***281-30***

For the individual soul-entity grows in grace. You don't hop off a ladder up on the upper boughs! You grow, you climb up! You GROW to that. It unfolds, it develops with the character, with the purpose, with the ideal of the entity. ***3509-1***

And, if we are in a place, or situation, or relationship by the Grace of God, we should do our best to be worthy of His trust.

(Q) Am I in my rightful place; if not, what change should I make? (A) As He has indicated, no man is in ANY place save by the grace of God. Brighten the corner, the place, the sphere where ye are. And when it is the time or period for change, it will be shown thee. ***2845-2***

Know, as He has given, in whatsoever state you find yourself, it is by the grace of God; and there is an opportunity, there is a lesson to be gained from same in the light of the universal law of God - in as much as, and in the same manner you treat your fellowman, you treat your problem, you treat your loved ones, you treat your enemy, you are doing unto your Maker. **3161-1**

Don't think more highly of yourself than you ought to, but if you don't think well of yourself who will? But know that the power within is not of yourself but the grace of God. Your ability or your consciousness in the present is lent thee as an opportunity - because He hath first loved thee, as ye should love Him. **3345-1**

The final word from the authors is this. 'But as with all of grace, it is your choice to be aware of it or not – to turn to your heart or stay in your old mind-sets. The wonderful gift of this grace is that the tremendous love and care of God is there, ready to guide you, embrace you, and lift you up as you open your heart to amazing grace.'

'The Meek Shall Inherit the Earth'
by Russell Bowey

The Sermon on the Mount contains some of the most powerful teachings of Jesus. Our study group recently pondered the Beatitude: 'Blessed Are the Meek, for they Shall Inherit the Earth' (Matthew 5:5 KJV). I decided to set myself some homework to decipher what was meant by this statement.

The Edgar Cayce readings mention this particular saying, and the words 'meek' and 'meekness', a number of times.

.... the oneness of purpose, the love of the ideal as builded in self, is as in that given, "The meek shall inherit the earth". ***1718-1***

(Q) Please explain "Happy are the poor in spirit, for they shall see God." Who are the poor in spirit? (A) They that have not allowed and do not allow themselves to be directed by other influences than that of Godly-Force itself. They that are not acquainted with the familiar spirits but with the Divine. They that are meek yet proud in their meekness and their humbleness. These are they that are poor in spirit. ***281-19***

The truths are : The Lord is one, and whether the lesson is obtained in a greeting of thy fellow man, in the words of wisdom to thy brother, or in the manner in which you swap horses with a man, it may be the same lesson given by the Master in the sermon on the mount! Blessed are the pure in heart, for they shall see God. Blessed are the meek, for they shall inherit the earth. These are attitudes, then; these are conditions in the heart, the soul, the mind of the individual, and ye make practical application of same as ye deal with thy fellow man. ***3663-1***

Know it is in the little things, not by thunderous applause, not by the ringing of bells, nor the blowing of whistles, that the Son of Man comes - humble, gently, kind, meek, lowly - for "He that is the greatest among you serveth all." ***3161-1***

Thy mansion, thy body, thy temple, thy house may dwell in the mansions of God, if ye will be meek and lowly in spirit that the spirit of truth, of light in Christ, may make thee alive. For He came that ye, even ye, might have life more abundantly. ***3660-1***

There is an old simile: 'as meek as Moses', which comes from this statement in the Bible:
'Now the man Moses was very meek, above all the men which were upon the face of the earth.' (Numbers 12:3 KJV).

The problem here is our modern-day interpretation of the word 'meek'. Today, that would equate to 'weak', 'spineless' or a 'doormat'.

I am sure Moses, one of my most admired historical figures, would not fit any of those character descriptions. He had enormous strength, but that strength came from his humility and faith in God, and in accepting the Will of God rather than acting from his own will.

The following Cayce reading, paraphrasing Jesus, states: *"Of myself I can do nothing, but the spirit of the Father that worketh in and through me".* ***281-27***

And this next reading showing that humility is necessary to be a channel for God's will: *Then humbleness is not being ashamed but rather as He, knowing in self that it is that necessary for God's will to be the better, the more perfectly, the more truly manifested in thine own experience!* ***1440-2***

And that reading continues:
For might and power are of the Lord. For no man, no entity, no purpose in the experience of any soul is existent save by the grace of God that the earth might become His footstool, and the dwelling place of WHO? Those that are righteous within their their own selves? No; they that have

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'The Meek Shall Inherit the Earth'
by Russell Bowey

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humbled themselves and are faithful to the trust and purposes that have been put into their ways, into their opportunities for being that channel of blessings to someone day by day.
THESE shall indeed inherit the earth. For they that love the Lord shall inherit the earth. ***1440-2***

They that love the Lord shall 'inherit the earth'. The Cayce readings also state:
Rather know that the meek, the patient, those that are of one mind in Him SHALL - SHALL - inherit the earth, the possessions thereof! ***254-95***

So, what are 'the possessions thereof'? Almost 100 years ago, Emmet Fox in his book 'The Sermon on the Mount – The Key to Success in Life', stated: '... the word "earth" in the Bible does not mean merely this terrestrial globe. It really means manifestation.'

And he goes on to say: 'In other words your "earth" means the whole of your outer experience, and to "inherit the earth" means to have dominion over that outer experience; that is to say, to have power to bring your conditions of life into harmony and true success.'

Finally, I notice in the extract from reading 254-95 above, along with meekness, the qualities of patience and being of one mind in Him are also important in ensuring that we receive our inheritance! And what sort of earth we inherit, will be entirely up to us. As reading 254-95 goes on to state:

For having overcome the world, He indeed has it - as it were - in the palm of His hand; and has entrusted to you this world, because of His faith, His love for you. What will you do about Jesus and His trust in you? ***254-95***