SOUTHERN LIGHTS

Summer - a season of short, warm nights and long, even warmer, days



The body is less susceptible to colds in the summer periods, when there is more of the violet ray obtained from the activity of the sun and its radiations or radionic activity upon the body. ***902-1***

Remember our website:

www.edgarcayceaustralia.org

Remember our Facebook page featuring captioned photos:

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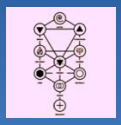
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Global Manifestation of Oneness and the Love of God and All People

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931.

As well as fostering Study Groups and Prayer Groups, we can also arrange talks on many topics from the Cayce readings such as diet and health, Atlantis, the mind, reincarnation, ideals, attitudes and emotions, meditation and dreams. If you are interested in any of our groups, or to arrange a talk on any topics from the Cayce readings, please email russell@edgarcayceaustralia.org

Editorial: 'Good Things Come to Those Who Wait'
by Russell Bowey

The news is currently focused on a significant sporting event, the XXV Winter Olympic Games, Milano Cortina 2026. The first gold medal won by an Australian at a Winter Olympics went to speed skater Stephen Bradbury, at the 2002 Games. The expression 'doing a Bradbury', was inspired by his come-from-behind win in the 1,000 metre event, as the entire field in front of him crashed on the final turn. He negotiated his way through the fallen skaters and went from last to first! Eight years earlier, in 1994, the Australian speed-skater team, including Bradbury, had adopted a tactic of staying on their feet as a priority to help win a medal, winning a bronze medal – Australia's first at a Winter Olympics.

The expression 'Good Things Come to Those Who Wait' identifies that virtues such as patience, persistence and endurance will eventually be rewarded. Do not act rashly, but wait for the right opportunity.

However, another suggested approach is to work hard, rather than just sitting on one's hands, to actively create the opportunity. Stephen Bradbury certainly exemplified that hard work ethic, and even though he was considered lucky to win gold, his reward was justified.

The following Cayce readings suggest that we can be co-creators by being active while waiting.

Do not just sit still and wait! Do something about self and self's abilities to make for greater mental and physical reactions, about those things that are to be met in the experience of this body ... at this time! ***529-1***

Wait - oft as has been given - "Wait and see the glory of the Lord", but also, as has been given - "Trust in the Lord and work like thunder!" see? ***903-13***

(Q) Is this wasteful waiting attitude conducive of the best result? (A) The best result. Be not overanxious as concerning this waiting. Rather keep self in the proper attitude and in the proper position to be able to meet those conditions as they arise concerning changes of EVERY nature. ***270-21***

For, as given, "In patience possess ye your souls." This does not mean sitting down and waiting, but with prayer, with fortitude, with patience, with persistence, meet each day with that necessary fullness of purpose as to be ready to be used as He would see fit. And, as has been given, as each approaches in such a way and manner He opens the way for that necessary for the meeting of every need, materially, mentally, spiritually, in thine experience. ***333-3***

Learn again patience, yet persistent patience, active patience - not merely passive. Patience does not mean merely waiting ... ***1968-5***

Edgar Cayce on .... 'Adoption'

(Q) Would it be well to tell the body that she is an adopted child?
(A) This will necessarily depend upon the reactions of the body, and as to whether or not from the general environs it is indicated that there are resentments. If this is done, then, it should be in the manner in which this may be the basic thought : that a mother, a father, may not choose one that may be born to them, except spiritually. In adoption, the choice may be spiritual and material. ***3673-1***

(Q) Why have I never had any children? (A) Not meant to be in this experience.
(Q) Would you advise my husband and I to adopt one? and if so, where should we go for the child?
(A) In those institutions where these are cared for. As is thy prompting, KNOW the history of such an one; but by ALL means adopt one - or two.
(Q) Would my husband's mother be happier living with us than in her own home living by herself? (A) If there is the adoption, do not have others. If there is not, be very well. WE would choose the child. ***371-2***

'Cayce and the Kabbalah'

by Liz Power

I have always been curious about the mysticism of the Kabbalah teaching that ".. behind the visible life is a vast invisible reality from which the visible came into being and in which it exists. Like Cayce, the Kabbalah teaches that the seen, the visible world, is actually an expression or emanation of the unseen, and even is a result of unseen dynamics".

The above quote is from the book "Edgar Cayce and The Kabbalah: A Resource for Soulful Living" by John van Auken (ARE Press, 2010) who writes that "… Cayce says that these unseen forces are more powerful, more influential than the seen; that life begins in the spirit, takes shape in the mind, as thought forms, and then manifests in the physical life."

Cayce teachings about creation and spirituality have much in common with the Kabbalah, though it consists of many traditions. Cayce's descriptions of God aligns with the Kabbalistic concepts of the Ein Sof, which is the Unseen Infinite Eternal, and the Sefirot, which is the knowable emanations of the Tree of Life.

The unseen forces are defined in the Cayce readings as *"a consciousness of that Divine Force that emanates in Life itself in this material plane."* (EC Reading **281-7**)

Both Kabbalah and Cayce teach that The One Mind created within itself many individual consciousnesses and gave them free will. Life existed in the spirit, in energy, without matter. The angelic part of our being was alive and active, until eventually some of these angelic beings took form in bodies on Earth.

The Kabbalah is said to have been first taught by God to a select group of angels and, after their fall, taught to humans; first Adam and then passed down to Enoch, Moses, Jakob, Joseph, Elijah, Ezekiel and Daniel.

Cayce acknowledges the role of the Jewish mystic tradition in the human spiritual journey, in the *"mind's unfoldment"*, from Abraham to Christ (EC Reading **281-63**). Cayce is known as a Christian mystic, but his Christ is a universal Christ for all spiritual traditions that teach the oneness of God.
The Kabbalah's angelic groups associated with the emanations are not dissimilar to the angelic beings in the Cayce material. For example, when asked *"Do the seven angels described in Revelations 8-9 represent spiritual forces governing the various dimensional planes through which souls pass between incarnations on the earth? Please explain."*, Cayce replied *"This is a very good interpretation. Yes."* (EC Reading **281-30**).

The Kabbalah describes the manifestation of God in the world as the "Voice" or "Word", like the Gospel of St John, "In the beginning was the Word, and the Word was with God and the Word was God... The Word became flesh and lived among us. We saw His glory, such glory as of the one and only Son of the Father, full of grace and truth."

The Kabbalah tells of a first being, Adam Kadmon, a bridge between our souls and the infinite and unseen God; and like Edgar Cayce, identifies Lilith as the first Eve and the divine half of the Word incarnate.

Cayce states that Lilith, as the fallen and then redeemed Divine Feminine, was perfected through many incarnations, the final one being as Mary, the mother of Jesus, who was incarnate as the original Adam.

The word Kabbalah means "receiving", "to correspond" and "face to face"; and wisdom is still sought and received directly from heaven through revelation, intuitive perception, prayerful communication with the divine, and various forms of deep meditation.

Seekers enter meditative states in order to commune with God, just as Edgar Cayce did, and as the Cayce tradition would have us do.

'They Don't Build Houses Like They Used To'

by Russell Bowey

Many times I have heard people say "They don't build houses like they used to", and I responded with "And I'm glad they don't". Over 40 years of working as an architect I had inspected too many poorly-constructed old houses.

Some interesting, and unusual, examples of older houses can be found in well-known children's fairy tales. In the tale 'Hansel and Gretel', the Brothers Grimm describe a witch's cottage with bread walls, a cake roof, and sugar windows. I realise this building was imagined many years before modern building regulations, but I don't think any of those materials would comply with the requirements of the current National Construction Code for Class 1 buildings. What would be the thermal insulation value for bread walls? Good luck proving that to the Building Surveyor issuing the permit! Perhaps the witch could cast a spell over him/her?

The Mother Goose nursery rhyme 'There Was An Old Woman Who Lived in A Shoe', does not give the size of the shoe house or building materials used in its construction (leather?). I have heard many modern Melbourne apartments being described as 'no bigger than a shoe-box', but this shoe must have been quite large to accommodate so many children. Based on the original story though, I believe it was not the building authorities the 'Old Woman' was concerned about, but the child protection authorities investigating the mistreatment of her children!

And then there is the old fable 'The Three Little Pigs'. A 'straw' house would be very flimsy, but if built of compressed straw bales, it could easily comply with current regulations and offer exceptional thermal insulation value. A 'stick' house, if built using 'wattle and daub' (interwoven sticks covered with mud - a very old method of constructing walls), could be considered. Or the more modern, well-braced stud walls clad with weatherboards, is quite sturdy. Brick walls are very strong under vertical loads, but can be knocked down by horizontal loads (such as strong winds). Just not the huffing and puffing of a wolf!

The moral portrayed by the symbology of this final fable is the importance of building a robust state of consciousness, comprised of your beliefs, attitudes and ideals. And, working together with others, rather than individually, assists in overcoming adversity.

Many years ago, I recalled this dream:

I was standing at the back window of a two-storey house I had bought. I had built a modern extension on the front of the house and was looking in the back yard to see if I could extend at the rear. However, the site was too steep. I then noticed that the floor had gaps that I could see through into the ground floor below, and noticed that there was no flooring there, only floor joists. Also, I noticed that most of the walls had no bracing. I was shocked that I had not properly inspected this house prior to purchase and had not seen these major defects. I moved to the front yard and a strong wind arose, and flattened the house and extension, and the block of units next door.

The dream showed that the initial house is my state of consciousness that I had 'inherited' – such as belief systems carried over from past lives, or collected from parents, siblings, friends, or even 'cultural conditioning' from the very society that we are born into – and I had then added other beliefs, attitudes and ideals. These 'inherited' attitudes and beliefs may or may not be conducive to our growth and development, but we may not even be aware of what they are and the effect they have on our lives. If the original house is 'flawed' and has not been rigorously inspected to make sure it is 'fit for purpose' then the whole may not be able to withstand the trials and tribulations that life will impose. There could be a very high price to pay for not properly inspecting the basis for one's beliefs. Edgar Cayce stressed the importance of self- reflection in measuring within ourselves what we believe in as an 'Ideal', and acting that way.

'What Is My Purpose For Incarnating?'
by Russell Bowey

The following extracts are from a 'Mental and Spiritual' reading, **518-2**, given in August 1935 for a 25-year-old female. The reading first gave a general background of the purpose for incarnating, and the impermanence of our activities in the earth.

'First, the entering of EVERY soul is that it, the soul, may become more and more aware or conscious of the divine within, that the soul-body may be purged that it may be a fit companion for the GLORY of the Creative Forces in its activity.
The activity for this entity, then, is the same; that it may have the opportunity. For it has been given that the LORD hath not willed that any soul should perish. But with every temptation He hath prepared a way; so that if he or she as the erring one will turn to Him for that aid, it may find same.

Then again, in the appearances, do not look or seek for the phenomenon of the experience without the purpose, the aim. USE same as a criterion, as what to do and what not to do. Not that it, the simple experience, has made or set ANYTHING permanent! For there is the constant change evidenced before us; until the soul has been washed clean through that the soul in its body, in its temple, has EXPERIENCED by the manner in which it has acted, has spoken, has thought, has desired in its relationships to its fellow man!

Not in selfishness, not in grudge, not in wrath; not in ANY of those things that make for the separation of the I AM from the Creative Forces, or Energy, or God. But the simpleness, the gentleness, the humbleness, the faithfulness, the longsuffering, PATIENCE! These be the attributes and those things which the soul takes cognizance of in its walks and activities before men. Not to be SEEN of men, but that the love may be manifested as the Father has shown through the Son and in the earth day by day. Thus He keeps the bounty, thus He keeps the conditions such that the individual soul may - if it will but meet or look within - find indeed HIS Presence abiding ever.

The soul, the individual that purposely, intentionally, turns the back upon these things, choosing the satisfying of the own self's desire, then has turned the back upon the living God. Not that there is not to be joy, pleasure, and those things that maketh not afraid in the experience of every soul.

But the joy in service, the joy in labor for the fellow man, the joy in giving of self that those through thy feeble efforts may have put before them, may become aware in their consciousness, that THOU hast been with, that THOU hast taken into thine own bosom the law of the Lord; and that ye walk daily with Him.'

The reading then addressed Miss (518)'s more personal reasons for her current incarnation, and the opportunities this presented for her.

'What, ye say then, was the purpose for which ye entered in at this particular experience? That ye might know the Lord and HIS goodness the more in thine inner self, that ye through this knowledge might become as a messenger in thy service and thy activity before thy fellow man; as one pointing the way, as one bringing - through the feeble efforts and endeavors, through the faltering steps at times, yet TRYING, attempting to do - what the conscience in the Lord hath prompted and does PROMPT thee to do.
These are the purposes, these are the experiences that bring in the heart and in the soul the answering of that cry, "Why - WHY - have I come into this experience?" Be ye patient; be ye quiet and SEE the glory of the Lord in that thou may do in thine efforts day by day.
DO that thou KNOWEST to do, TODAY! Then leave the results, leave the rewards, leave the effects into the hands of thy God. For HE knoweth thy heart, and He hath called - if ye will harken.'

Her question is one we all have, or will, ask:

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'What Is My Purpose For Incarnating?'
by Russell Bowey

Continued from Page 5

(Q) How may I attune myself that I may be one with the Creative Forces with Christ that I may find this true relationship?
(A) Just as indicated. Let thy patience, thy tolerance, thy activity be of such a positive nature that it FITS thee - as a glove - to be patient with thy fellow man, to minister to those that are sick, to those that are afflicted, to sit with those that are shut-in, to read with those that are losing their perception, to reason with those that are wary of the turmoils; showing brotherly love, patience, persistence in the Lord, and the love that overcometh all things.

These be the things one must do. And do find patience with self. It has been said, "Have we not piped all the day long and no one has answered?" Seekest thou, as was given from this illustration, for the gratifying of thy self? or seekest thou to be a channel of blessing to thy fellow man? They may not have answered as THOU hast seen. They may have even shown contempt, as sneering, for thy patience and thy trouble. But SOMEWHERE the sun still shines; SOMEWHERE the day is done; for those that have grown weary, for those that have given up. The Lord abhorreth the quitter. And those temptations that come in such cases are the viewing of thine own self. Ye have hurt thyself and ye have again crucified thy Lord, when ye become impatient or speak harshly because someone has jeered or because someone has sneered or because someone has laughed at thy efforts!

Leave the RESULTS, leave the giving of the crown, leave the glory, with the Lord! HE will repay! Thou sayest in thine own heart that thou believest. Then merely, simply, ACT that way! In speech, in thought, in deed.

Unfortunately, Miss (518) could not reconcile what the reading suggested, with her need to support herself, and in the Report of reading 518-2, is the following correspondence with Edgar Cayce:

R1. 8/26/35 Letter from [518] : "...I received the Reading several days ago. I'm sorry that I have waited so long to acknowledge it.
"I suppose it should be very clear to me, but somehow I can't grasp it all. It seems that I should be a Christian worker or serve my fellow man, but what to do for material support? I still don't understand what my work is. Won't you give me your interpretation of the Reading?..."

R2. 9/1/35 Letter from EC to [518], giving his interpretation of her two readings : "...The spiritual life, the Christian life, should be the prompting of your material activities; rather than the material activities being just something for your material support... The choice ... should be prompted BY your spiritual self; rather than a choice through information of this nature telling you to be a school teacher, a music teacher, a stenographer... Then, whatever you make your choice - from that given - work at that ... but let the motivative influence be your service to your fellow man..."

R3. 9/12/35 Letter from [518] : "...I appreciate you writing your interpretation of my Reading so very much. Your letter has helped to clear up so many things for me. I am trying to do the things that I should, but it is so hard to keep one's mind thinking right. I must have patience with myself as the Reading said..."

So, it appears that WHAT we do in life, needs to be reflective of WHY we do it. The choices we make are based on our SPIRITUAL IDEALS. With those as our guideposts, we will gain that New Understanding, and then simply ACT that way.

We invite readers to share their thoughts on any topic, or who have their own personal story of how their lives have been touched by a book, or an event, to share it through this Newsletter.